



**Grants awarded under the Tacking Serious Stress in Veterans, Carers and Families Programme 2018/19**

**8 grants totalling £4,263,084**

**ARMED FORCES  
COVENANT  
FUND TRUST**

Name	Project Title	Grant Amount	Description
<b>Northern Ireland</b>			
Inspire	Recovery Together	£703,000	The portfolio will bring together a range of innovative wellbeing and support services across Northern Ireland, safely case managed and clinically governed. The portfolio will offer services delivered within a stepped care model from low through to high intensity support interventions, to address the significant gap in support for veterans their families and carers across Northern Ireland.
Ely Centre	Veterans Support	£220,000	The project will provide a veterans and family crisis response support project which will deliver a crisis intervention and de-escalation service to veterans and their families or carers who reside in County Armagh, Fermanagh and Tyrone. This will include health and wellbeing support interventions, intensive psychotherapy within a holistic approach to health and wellbeing and benefits/pension advice for veterans and their immediate families. They will work with a range of partners.
<b>Scotland</b>			
V1P Scotland	Live Life - veterans and families	£700,000	The programme will provide a range of opportunities for veterans and their families to reconnect, understand the issues and problems that they have all faced. Veterans First Point will trial new ways of working psychologically with veterans, their carers and children and also more co-ordinated approach to the network of care provision. Complimentary interventions are also available to aid mental health and wellbeing, such as peer support groups, social prescribing and a programme of alternative respite options.

Tagsa Uibhist	Positive Community Wellbeing	£77,500	The communities across the Western isles are remote and isolated. This project is based upon social prescribing and taking an holistic approach to delivering targeted care. It will involve early identification and intervention with individuals ensuring that their problems do not escalate into a potential crisis situation. Access to specialist support or local resources for veterans usually means leaving the Western Isles and travelling to the mainland to receive the appropriate support. This collaborative is made up of a large number of organisations with a single focus on delivering stepped care to all those in the community. The project aims to reduce the need for referral onto specialist services and means individuals are not experiencing a deterioration in their personal circumstances before they can access support.
<b>Wales</b>			
CAIS	Change Steps- Next Steps	£ 697,677	Working with a range of organisations from all three sectors and academia, the portfolio will develop new ideas to support veterans, their families and carers in Wales who have severe mental health and serious stress problems. CAIS will lead the portfolio and deliver the key project elements including the provision of a Peer Mentor Case Management function and the project will address co-occurring issues simultaneously.
<b>England</b>			
Solent NHS Trust	Portsmouth Military Wellbeing Alliance	£ 697,188	The Portsmouth Military Wellbeing Alliance will provide rapid and specific support for veterans in crisis. There will be open access to the new veteran-specific section of the Wellbeing House (WBH), crisis intervention and on-going support from trained peer workers with lived experience, a new veterans' curriculum at the Solent Recovery College (SRC), dedicated support for veteran families and connections into established services in the city, to support long-term recovery.
Walking With The Wounded	Northern Care Coordination Partnership(NCCP)	£689,219	WWTW will deliver a coordinated care pathway for complex veterans, carers and families in the Greater Manchester and Tyne and Wear regions. Care Coordinators will be recruited and embedded within TILS / CTS to receive referrals from those sources and report back on progress with cases. With their remaining time, they will work from WWTW Veteran hubs in Manchester and Gateshead, where they will work with partners in the local community to coordinate support. The project addresses the clients varied and complex needs – and not to focus on one issue in isolation.

Wigan Council	Unite, Inspire, Achieve Programme	£478,500	The portfolio will pilot a new way of working that will inform integrated commissioning approaches for the Armed Forces Community in Wigan for the future looking at new ways to tackle mental health complexities in Veterans alongside the needs of their whole support network. They will provide new ways of providing respite care locally that supports the veteran remain connected to their communities while supporting the carer, trial the Recovery College Model and pilot new ways to support veterans with mental health and addition problems. Wigan Borough have a large population of Armed Service Leavers. Work within the portfolio will be delivered by a range of organisations
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